

Greetings from Karen, Executive Director

It certainly has been a very busy year for everyone at Rockwood Terrace which included several changes to the Leadership Team, movement away from a Management contract, a change in personnel at the Director of Long Term Care level and of course the approval from the Ministry of Health and Long Term Care for the brand new 128 bed Care Community here in Durham! Needless to say, time has flown by.

I would like to recognize and thank the very dedicated and supportive team of staff I have the pleasure to work with every day. All departments take their roles very seriously and continually offer ways and suggestions that help us meet and exceed the Colour It promise. Several members of this team have been recognized for their milestones in length of service this year- twenty-eight team members to be exact, including three-thirty and four- thirty five year recipients! Congratulations to all!

On behalf of everyone here at Rockwood Terrace, our very best wishes for a wonderful Holiday Season, and a Happy, Healthy 2020!

Christmas & New Years



The Holidays can be a busy time with many of our residents going out to enjoy time with family. If you are going to be away and need your medications for a leave of absence, we kindly ask that you give your nursing team notice so we can have them ready for you in a timely manner! Please remember to sign out at the nursing station when you leave the home!

Annual Christmas Bazaar

A big thanks to everyone for their donations and attendance at our Annual Christmas Bazaar. Also a special thank you to our volunteers and vendors who made the day a great success!

Christmas Gifts

Just a reminder to families that if you are buying new clothing items for Christmas to ensure you get the items labelled to prevent them from getting lost. If you wish

to get your items labeled prior to wrapping your gifts, please come to the main office and we can assist you with this task.



Boxing Day

There are a few theories on why the day after Christmas is termed “Boxing Day.” One theory is that those less fortunate would receive gifts known as “Christmas boxes” as a way to show appreciation and blessing for their service year-round. This year Rockwood Terrace will be collecting items for our local food bank for those less fortunate than us. A donation box will be available from December 1st-22nd in the main lobby if you wish to donate a non-perishable food or personal hygiene item. We thank you in advance for any donations!



Nut Allergy



As the holiday season is fast approaching, we want to remind everyone that we have someone within our home who has a medical nut allergy. Exposure to nuts or nuts products are life threatening to this individual, therefore we are reminding you not to bring in nuts or nut products into the home. Thank-you for your understanding and continued support with this matter.

Resident and Family Survey



Surveys are being released in December, please take a few minutes to complete the survey so we can get your input on your experience here at Rockwood Terrace. We find this input valuable to improve our services as well as sharing positive comments staff with our team!

Ministry of Health Visit

From November 13-15th the Ministry of Health was in the home to follow up on some critical incidents that we had reported. During their investigation we are pleased to share that the home had no

areas of non-compliance. The full report is posted on the Resident and Family Information Board across from the dining room on the main floor.

Upcoming Events – Some Highlights

Dec. 7 -1:30 p.m. Durham Marching Band and Santa Visit

Dec. 13 - 2:30 p.m. Durham Silverthreads

Dec. 14 - 2:30 p.m. Elvis Tribute with Spencer Bristow

Dec. 19 - 2:00 p.m. Grandpal Meet and Greet

Dec. 25 – 10:00 a.m. Santa Visits

Dec. 31 - 2:00 p.m. New Year's Bash with Stubby Deeves