

National Housing Day

November 22, 2018

National Housing Day is a day devoted to Housing issues and Housing solutions. Please watch for posters in your buildings outlining events taking place on November 22, 2018.



Slips, Trips & Fall Safety Tips

As temperatures drop and snow flies, the number of injuries due to slips, trips, and falls increases. Prevent slips, trips and falls by wearing appropriate footwear and staying aware of your surroundings. If you see unsafe conditions, report them to your building custodian. Here are some more tips to help avoid injury:

- Walk slowly and focus on the path ahead.
- Where possible, avoid slippery surfaces, such as wet leaves, icy areas, and snow banks.
- Wear appropriate footwear with slip-resistant soles to work, and change into indoor footwear. Ice

grippers that attach to your footwear can provide additional traction.

- Use handrails where available.
- Check to make sure entrance areas and stairs are clear of snow and slush. Tracked in snow and slush often causes slips and falls.



Developing Community

Heather Murray is working with tenants in Housing buildings to help develop community champions across Grey County Housing.

Please contact Heather directly at 519-371-2390 if you wish to learn more.

Appliance Tips

Most refrigerator temperature settings are controlled with a dial or slider and should be set somewhere in the middle. Usually the higher the number on the temperature control dial, the colder the temperature your refrigerator will get.

Please remember to keep the top of your refrigerator clear of items that could cause the unit to overheat unexpectedly.

Smoke Alarms Really Do Save Lives

Nobody ever wants to experience being woken by the sound of a smoke alarm, the smell of smoke and the vision of flames. It is a criminal offence to tamper with smoke alarms or remove the batteries.

Fall Clean Up!

Fall is here and winter is right around the corner. It's important to:

- Keep balconies clear from clutter.
- Rake leaves in your yard.
- Remove dead flowers.
- Disconnect hoses from outside taps.

Pest Control



If you have a problem with bed bug, insects or other pests, inform your Community Relations

Worker immediately. They will ensure the correct actions are taken to make your unit pest-free before the situation worsens. As a tenant you are responsible for cooperating with your landlord's efforts to control bugs.

Online Newsletters

Did you know you can view our newsletter online at www.grey.ca/affordable-housing our newsletter to receive up-to-date information about Housing by signing up at: <https://www.grey.ca/>.



Fall Recipe –

Apple Crisp

Prep: 30 m Cook: 45 m Ready In: 1 h 20 m

Ingredients:

- 10 cups all-purpose apples, peeled, cored and sliced
- 1 cup white sugar
- 1 tablespoon all-purpose flour
- 1 teaspoon ground cinnamon
- 1/2 cup water
- 1 cup quick-cooking oats
- 1 cup all-purpose flour
- 1 cup packed brown sugar
- 1/4 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/2 cup butter, melted



Directions:

1. Preheat oven to 350 degrees F (175 degree C).
2. Place the sliced apples in a 9x13 inch pan. Mix the white sugar, 1 tablespoon flour and ground cinnamon together, and sprinkle over apples. Pour water evenly over all.
3. Combine the oats, 1 cup flour, brown sugar, baking powder, baking soda and melted butter together. Crumble evenly over the apple mixture.
4. Bake at 350 degrees F (175 degrees C) for about 45 minutes.

Golden Town

After over 30 years as a non-profit provider, the Board has retired and Grey County has now assumed responsibilities and management of Golden Town Residential Community in Meaford. We are happy to be able to serve this community – welcome Golden town clients!

Office Hours

Our office hours are Monday – Friday from 8:30am – 4:30pm
 Phone: 519-376-5744
 Fax: 519-376-0445
 Email: housing@grey.ca