

### Director's Update

Happy Canada Day! Today we celebrate what it means to be Canadian. July 1 is a time to reflect on our country's journey, achievements, and the strength we've shown together. It's also a chance to embrace the rich cultural diversity that makes Canada so special. Whether you're enjoying the outdoors or spending time with loved ones, we hope you take a moment to appreciate the beauty of our country and the people around you.

On June 4, Public Health Ontario released an [updated version](#) of its infection control guidelines for health care settings. The highlights include:

The appendix now includes new or more significant illnesses that have appeared in Ontario since 2012. These include bird flu, Candida auris, measles, Mpox, new respiratory viruses, and viral hemorrhagic fevers. This is just a sample—there are more listed in the full document.

There are also updates to how precautions are taken. This includes when a single room is needed, how long precautions should last, and what personal protective equipment (PPE) should be used. These updates help ensure residents and health care workers are protected using the most current standards.

Summer fun is blooming! The gardens of each home are beautiful and vibrant, thanks to the teamwork of residents and staff. We're excited for a month filled with BBQs, outdoor entertainment, arts and crafts, special events, and lots of summer fun.

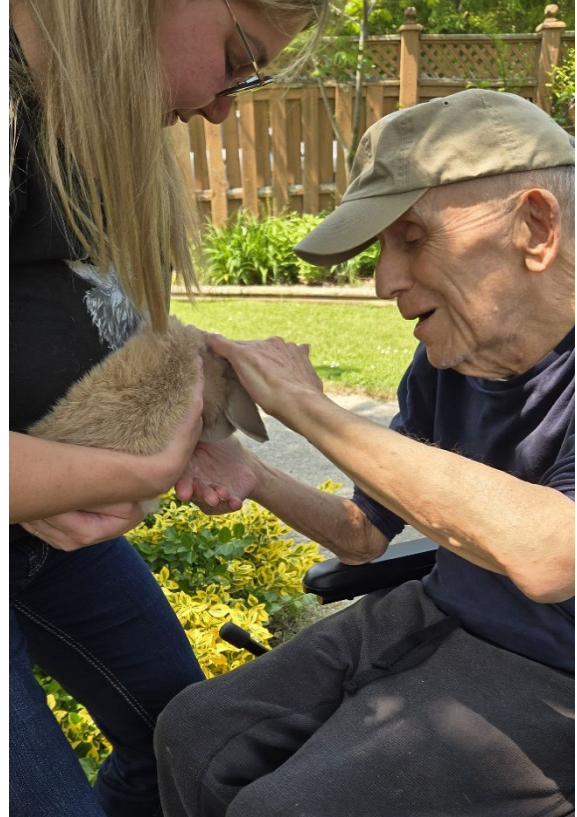
A friendly reminder, that a virtual family meeting is scheduled for tomorrow night, July 2 at 7:00 p.m. We'll be sharing recent updates and introducing representatives from Silver Fox Pharmacy. To join, just click the [zoom link](#).

Until next time - keep Colouring It Your Way!

Warmly,  
Jennifer Cornell  
Director of Long-Term Care & Senior Services

### Around The Home

June proved to be an exceptionally active month, filled with a variety of special events and unique activities. We were particularly excited to welcome a pair of distinguished visitors to Maple Garden on June 11. These furry friends delighted everyone with their gentle personalities and brought lasting memories to everyone in attendance.





We were excited to welcome the Bluewater Region Car Club this month, showcasing their timeless display of antique cars. The visit sparked a nostalgic stroll down memory lane, offering a charming glimpse into the past and evoking fond memories for many of us.





Father's Day weekend was a heartfelt celebration of the father figures in our lives. The day kicked off with a special delivery from Tim Hortons, because nothing starts a special morning quite like a hot cup of coffee from our favourite spot across the road.



We ended the day on a high note, with a lively performance by the one and only Johnny Cash. Father's Day 2025 was a great day full of music, celebration and honouring the special men that call Grey Gables home.





We ended the month with a delightful Strawberry Social. After spending the morning hulling fresh, red berries we enjoyed an afternoon of fellowship and scrumptious Ontario strawberries.







## A Special Thank-You

We would like to extend our heartfelt appreciation to Paul and Tina Lisanti, along with Maxwell Sheds for their generous donation of two beautifully crafted raised garden planters.

These additions have enhanced the Maple Lane Garden area, offering our residents meaningful opportunities to plant, nurture, and enjoy a variety of flowers and vegetables throughout the season.

Your kindness has brought joy and engagement to our home. We truly appreciate your thoughtfulness and the lasting impact this gift provides.



## Painted Lady Butterflies



Raising and releasing Painted Lady (Thistle) butterflies was a truly special experience. Residents had a front-row seat to the magic of metamorphosis,



watching caterpillars transform into butterflies under the watchful eyes of our residents.

The process was both educational and deeply engaging, sparking curiosity, conversation, and a renewed appreciation for nature's beauty. It was heartwarming to see so many of our residents captivated by these delicate creatures, watching, waiting, and celebrating each stage of their development.

Thank you to everyone who helped make this experience possible. It brought so much joy, wonder, and connection to our home.



## Pet Visits

We welcome pet visits at the home, with a few important provisions in place to ensure the comfort and safety of all residents.

- Pet vaccinations need to be up to date with a record on file in the Recreation Office.
- Pets must remain leashed at all times. Cats should be brought to the resident's room in a carrier, unless abideable by leash.
- Pets must be under the care and control of the handler at all times.
- Pets are not to visit in dining rooms or food service areas.
- Please be mindful that not all individuals enjoy pet visits or may have an allergy.

If you have questions about pet visitation, please contact Resident & Family Services Manager Kim Mustard at (519) 986-7529 or [kim.mustard@grey.ca](mailto:kim.mustard@grey.ca).



## Volunteer Corner



We were thrilled to host our annual Volunteer Appreciation Luncheon on Tuesday, June 3. It was a lovely afternoon filled with delicious food, meaningful connections, and an engaging education session.

To all our incredible volunteers, thank you for generously sharing your time, energy, and talents with our home. Your dedication and compassion are truly inspiring, and your contributions play a vital role in bringing the Colour It philosophy to life at Grey Gables.

We are deeply grateful for each of you and the unique ways you help make our home a better place.



## Emergency Code Review

### Code Green

In the event the building or a portion thereof needs to be evacuated, a Code Green will be called.



The decision to evacuate is not made lightly and involves a decision-making team including the Internal Incident Manager, Executive Director, Director of Long Term Care and Senior Services and Emergency Services.

If we must evacuate, we have robust evacuation plans in place. Our planning includes extensive training drills to ensure preparedness, detailed processes for contacting emergency services, staffing plans and communication processes. We have systems in place to ensure proper identification of residents for safe transport and partnerships secured to transport residents and team members as well as all clinical, medical and essential personal supplies. We have arrangements in place with pharmacies for essential medical supplies and vendors to ensure food and dietary needs are met.

Agreements are in place for a temporary evacuation location and within Grey and Bruce we have a “Relocation Sites and Evacuation Agreement Chart” which identifies availability of area homes to “take on” additional residents.



## IPAC Tip

### The Important Role of Visitors in Infection Prevention and Control in Long-Term Care

Visitors in long-term care homes provide emotional support and help residents maintain vital social connections. They also play a key role in helping prevent and control the spread of infections.

Residents are often more vulnerable to infection due to age, medical conditions, and close living environments. Given these risks, it is critical for visitors to follow infection control protocols when visiting long-term care homes.



#### Key Tips for Visitors

- Clean your hands regularly, especially before and after contact with residents.
- Do not visit the home if you are sick or have been recently exposed to someone with a contagious illness.
- Follow all home - specific infection control guidelines, including wearing a mask when required.



By working together, we can support the health and wellness of residents while still maintaining meaningful and safe connections.

The care and cooperation of our visitors can make a lasting impact. Thank you for being a partner in infection prevention and control and resident safety.

## Colour It Academy

### Enjoy Summer the Smart Way – Block the Sun, Not the Fun!



Summer has arrived! The days are longer, and the sun is shining brighter, it's the perfect time to spend outdoors. Here are a few easy tips to help you stay protected while making the most of the summer fun:

- **Dress for Protection** – Wear lightweight, long sleeved clothing and a wide-brim hat
- **Use Sunscreen** – Apply a broad-spectrum sunscreen at least 15 minutes before going outside and reapply every two hours

- **Seek Shade** – Plan outdoor activities in shaded areas or use an umbrella or sunshade
- **Avoid Peak Sun Hours** – Try to stay out of the direct sun between 11 a.m. – 3 p.m. when the sun's rays are the strongest
- **Stay Hydrated** – Drink water throughout the day, aiming for 6-8 glasses
- **Protect Your Eyes** – Wear sunglasses with UV protection to reduce the risk of cataracts and eye damage
- **Check Medications** – Some medications can increase sun sensitivity. Check with your practitioner for any precautions

## Diversity and Inclusion Calendars



The 2025 Diversity Calendar provided by the Ontario Centers of Learning, Research, and Innovation in Long-Term Care This thoughtfully curated calendar celebrates the rich tapestry of cultures, traditions, and experiences that make our world a vibrant and diverse place.

The calendar provides a go-to place to keep track of dates that may have special meaning for LTC residents,



families, and team members: religious and spiritual days of significance, cultural celebrations, awareness days and health promotion days. Staying aware of these days and scheduling activities around them will help us create an inclusive home, 365 days a year.

[Click here](#) to view the Culture and Diversity Calendar for July 2025.

## Leadership Team

You can reach the home at 519-986-3010.

Our phone system allows callers to navigate using the dial pad, or voice commands to connect directly with a member of the leadership team or department. Please listen carefully to the menu options when calling the home.

**Shannon Cox**, Executive Director  
519-986-7577, [shannon.cox@grey.ca](mailto:shannon.cox@grey.ca)

**Cynthia Merrifield**, Director of Care,  
519-986-4402,  
[cynthia.merrifield@grey.ca](mailto:cynthia.merrifield@grey.ca)

**Leah Cantlon**, Nurse Practitioner  
519-371-6543, [leah.cantlon@grey.ca](mailto:leah.cantlon@grey.ca)

**Drake Hall**, Nurse Practitioner  
519-369-7578, [drake.hall@grey.ca](mailto:drake.hall@grey.ca)

**Cherie Diaz**, IPAC & Wellness Manager  
519-986-0152, [cherie.diaz@grey.ca](mailto:cherie.diaz@grey.ca)

**Crystal McKay**, Resident Care  
Coordinator, 519-986-4077  
[crystal.mckay@grey.ca](mailto:crystal.mckay@grey.ca)

**Leslie McCutcheon** Resident Care  
Coordinator, 519-986-2355  
[leslie.mccutcheon@grey.ca](mailto:leslie.mccutcheon@grey.ca)

**Nadine Muir** BSTU Coordinator,  
519-986-7576 [nadine.muir@grey.ca](mailto:nadine.muir@grey.ca)

**Kim Mustard**, Resident and  
Family Services Manager  
519-986-7529, [kim.mustard@grey.ca](mailto:kim.mustard@grey.ca)

**Crystal Lucas**, Nutrition Manager  
519-986-4222, [crystal.lucas@grey.ca](mailto:crystal.lucas@grey.ca)

**Ron Sackett**,  
Maintenance Manager, 519-986-4773  
[ron.sackett@grey.ca](mailto:ron.sackett@grey.ca)

**Erin Brick**  
Office Coordinator, 519-986-3711  
[erin.brick@grey.ca](mailto:erin.brick@grey.ca)



## Let's Connect

We want to hear your **suggestions, questions, compliments or concerns**. There are lots of ways to share your feedback with us.

1. Fill out a Let's Connect comment card and drop it in our confidential Let's Connect box.
2. Speak directly with our Executive Director or with any manager on duty.
3. Email your feedback to the Grey County Support Services Office at [Long Term Care Feedback](#).
4. For emergencies or urgent concerns, please contact any member of our team.





## Our Promise

### Colour It Your Way!

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Our **Colour It** promise - to help you colour your life your way - is the foundation of all that we do, and sets the standard for the values within each of Grey County's long term care homes.

**We promise to Colour It through:**

- C Community
- O Opportunity
- L Leadership
- O Organizational Quality & Safety
- U You are the Centre of All We Do
- R Respectful Relationships
- I Integrity
- T Together for Tomorrow

