|  |  |
| --- | --- |
| **October** | Grey County Logo**& CMHA Grey Bruce**  |
|  | **2019** |
| 7th ave programs questions or ideas ? call Heather 519 371 2390 x 236  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
|   | September 30  | 1Twin Pines café 2pm   |  2  | 3  | **4** | 5 |
|  |  |  |  |  |  |  |
| 6 | 7\*Join others to remember those we have lost . A chance to celebrate and talk with one and other-light refreshments Free! | 8**Breakfast out** **Peninsula grill 10 am**Twin Pines café 2pmCommunity \***Memorial celebration** St Andrews church 1:30-3:30 |  9 | 10 | 11  | 12 |
|  |  |  |  |  |  |  |
| 13 | 14Thanksgiving   | 15Twin Pines café 2pm  | 16  | 17 | 18 “.  | 19 |
| 20 | 21 |  22 Twin Pines café 2pm  | 23 | 24 | 25  | 26 |
| 27 | 28**Power of Attorney and Wills** special guest Shawna from the legal aid clinic 2-3Twin Pines | 29Twin Pines café 2pm  | Oct 30 | Oct 31Hallowe’en Boo! | *Nov 1* | 2 |
|  |  |  |  |  |  |  |