

7th Ave Owen Sound

Please call Heather at 519-371-2390 with any questions

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|-----------|---|---|----------|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 All 7 th Ave tenants welcome at each building! | 7 | 8 | 9 Gentle Fit Twin Pines 11 am Everyone welcome! | 10 European café tech support 2-4 West side help with your device! smartphone, tablet smartphone | 11 |
| 12 | 13 | 14 Peninsula Grill 10 am Join us for breakfast! (On your own \$) Twin pines café 2pm | 15 | 16 Take a walk and enjoy your natural surroundings | 17 | 18 |
| 19 | 20 Victoria Day | 21 Twin pines café 2pm Join us for a chat and a treat | 22 | 23 Gentle Fit Twin Pines 11 am Everyone welcome! | 24 Rockview, Twin Pines, Kiwanis – tenant meetings with Grey county staff 9-11:30 | 25 |
| 26 | 27 Kiwanis Kitchen with Marla! Healthy choices dinner with help from a dietician! 2pm | 28 28 Twin pines café - 2pm Join us for a chat and a treat | 29 | 30 Take a walk and enjoy the fresh air! | 31 | |
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