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| **October** | Grey County Logo**& CMHA Grey Bruce** |
|  | **2019** |
| 7th ave programs questions or ideas ? call Heather 519 371 2390 x 236 |  |

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
|  | September 30 | 1  Twin Pines café 2pm | 2 | 3 | **4** | 5 |
|  |  |  |  |  |  |  |
| 6 | 7  \*Join others to remember those we have lost . A chance to celebrate and talk with one and other-light refreshments  Free! | 8  **Breakfast out**  **Peninsula grill 10 am**  Twin Pines café 2pm  Community  \***Memorial celebration**  St Andrews church 1:30-3:30 | 9 | 10 | 11 | 12 |
|  |  |  |  |  |  |  |
| 13 | 14  Thanksgiving | 15  Twin Pines café 2pm | 16 | 17 | 18  “  . | 19 |
| 20 | 21 | 22  Twin Pines café 2pm | 23 | 24 | 25 | 26 |
| 27 | 28  **Power of Attorney and Wills** special guest Shawna from the legal aid clinic 2-3  Twin Pines | 29  Twin Pines café 2pm | Oct 30 | Oct 31  Hallowe’en  Boo! | *Nov 1* | 2 |
|  |  |  |  |  |  |  |