

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>2:00</b> New Year's Day Social 2NDR  <small>New Year's Day</small>	<b>2</b> <b>10:00</b> Balloon Badminton 2SDR <b>2:00</b> New Year's Colouring Pages 2SDR <b>6:30</b> Table/Board games 2NDR	<b>3</b> <b>10:30</b> Church 1SDR Marilyn Schmitt St. Peter's Lutheran <b>2:00</b> Yarn Snowman Craft 2SDR	<b>4</b> <b>10:00</b> Bingo 2SDR <b>2:00</b> Friendly Visits	<b>5</b> <b>10:00</b> Group Physiotherapy Class 2SDR <b>10:00</b> Sensory Group 2NL <b>2:00</b> Ice Cream Parlour Visits <b>6:30</b> Active Games 2NDR	<b>6</b> <b>10:00</b> Music with Brent Meidenger 2SDR <b>2:00</b> Karaoke 2SDR	<b>7</b> <b>10:00</b> Sing-a-long 2NDR
<b>8</b> <b>6:30</b> Hockey Craft 2SDR	<b>9</b> <b>10:00</b> Trivia and Word Games 2SDR <b>2:00</b> Jewelry Making ICP <b>6:30</b> Travelling Visits: Hand Massage	<b>10</b> <b>10:30</b> Church 2SDR Andrew Marttinen 7 <sup>th</sup> Day Adventist <b>2:00</b> Group Physiotherapy Class 2NDR <b>6:30</b> Bingo in the ICP	<b>11</b> <b>10:00</b> Individual Games <b>2:00</b> Friendly Visits	<b>12</b> <b>10:00</b> Group Physiotherapy Class 2SDR <b>10:00</b> 1:1 Visits <b>2:00</b> Let's Play Jeopardy! 2SDR	<b>13</b> <b>10:00</b> Step by Step Canvas Painting 2NDR <b>2:00</b> Music with Lauren Best 2SDR	<b>14</b> <b>2:00</b> Pet Therapy Adam & Ella
<b>15</b> <b>10:00</b> Bingo 2SDR <b>2:00</b> Neighbourhood Time	<b>16</b> <b>10:00</b> Chair Yoga 3NL <b>10:00</b> 1:1 Visits <b>2:00</b> Wintertime Craft 2SDR <b>6:30</b> Travelling Visits: Short Stories <small>Martin Luther King Jr. Day</small>	<b>17</b> <b>10:30</b> Church 3SDR Philip Smith Rockcliffe Pentecostal <b>2:00</b> Group Physiotherapy Class 2NDR <b>2:00</b> 1:1 Visits <b>6:30</b> Table Games 2SDR	<b>18</b> <b>10:00</b> Bingo 2SDR <b>2:00</b> Friendly Visits	<b>19</b> <b>10:00</b> Group Physiotherapy Class 2SDR <b>10:00</b> Sensory Group 2NL <b>2:00</b> Trivia and Brain Games 2NDR	<b>20</b> <b>Jersey Day</b> <b>10:00</b> Traveling Visits: Hand Massages <b>2:00</b> Craft: Making Birdfeeders 2NDR	<b>21</b> <b>6:30</b> Friendly Visits
<b>22</b> <b>2:00</b> Chinese New Year Discussion and Puzzles Year of the Rabbit  <small>Chinese New Year (Year of the Rabbit)</small>	<b>23</b> <b>10:00</b> Bowling 2SDR <b>2:00</b> Sundae Monday Travelling Cart <b>6:30</b> ICP Movie Night <small>Activity Professionals Week</small>	<b>24</b> <b>10:30</b> Church 1SDR Kathy Underwood First United Church <b>2:00</b> Group Physiotherapy Class 2NDR	<b>25</b> <b>10:00</b> Bingo 2SDR <b>2:00</b> Friendly Visits <b>6:30</b> Trivia Night 2NDR	<b>26</b> <b>10:00</b> Group Physiotherapy Class 2SDR <b>10:00</b> 1:1 Visits <b>2:00</b> YouTube Music Request 2NDR <small>Australia Day (observed)</small>	<b>27</b> <b>10:00</b> News and Views 2SDR <b>2:00</b> Creative Colouring 2NDR <b>6:30</b> Table/Board Games 2SDR	<b>28</b> <b>10:00</b> Bingo 2SDR <b>2:00</b> Travelling Hot Chocolate Cart
<b>29</b> <b>2:00</b> 1:1 Short Stories <b>6:30</b> Music Sing-A-Long 2NDR	<b>30</b> <b>10:00</b> Chair Yoga 3NL <b>2:00</b> Resident Council & Food Committee, 3SDR	<b>31</b> <b>10:30</b> Church 2SDR Sid Coupurus First Christ Reform <b>2:00</b> Group Physiotherapy Class 2NDR <b>6:30</b> Craft Night 2SDR	<h1>January 2023</h1> <p>2<sup>nd</sup> Floor</p>			

PROGRAMS SUBJECT TO CHANGE. SEE COMMUNICATION BOARD FOR DAILY NOTICES.