



# October 2018

## Alpha Family Resource Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Brighter Futures 9:30-11:30	2.	3. <b>Program Closed</b>	4.	5.	6.
7.	8. Brighter Futures 9:30-11:30	9.	10. Kids in the Kitchen 9:30-11:30 Brighter Futures 12:00-1:30	11.	12. Housing and O.W 9:30-11:30	13.
14.	15. Brighter Futures 9:30-11:30	16.	17. Kids in the Kitchen 9:30-11:30 Brighter Futures 1:00-3:00	18.	19.	20.
21.	22. Brighter Futures 9:30-11:30	23. Collaborative Partners meeting 1:30-3:00pm Everyone	24. Kids in the Kitchen 9:30-11:30 Brighter Futures 1:00-3:00	25.	26. Housing and O.W 9:30-11:30	27.
28.	29. Brighter Futures 9:30-11:30	30.	Kids in the Kitchen 9:30-11:30 Brighter Futures 1:00-3:00			
				<p><b>PMA (Parent Mutual Aid) is an EarlyON program hosted by Keystone Child, Youth and Family Services that is for parents and children 6 years and younger. If you are interested in registering for this program, please stop by 888 #3 Alpha St and speak with Tracy</b></p>		

## **Housing and Ontario Works**

*Staff of Grey County Housing are available to speak with tenants regarding their tenancy, field complaints, complete required paperwork and connect tenants to community resources.*

*An Ontario Works Caseworker is available to meet with tenants in receipt of Social Assistance or to discuss eligibility for Social Services Income Support or other financial assistance.*

## **Brighter Futures**

*PMA (Parent Mutual Aid) is an Ontario Early Years program hosted by Keystone Child, Youth and Family Services that is designed for parents and children 6 years and under. Programs can include topics and discussion for parents, baking, crafts and guest speakers.*

*Child minding is available during these programs for children 6 years and under. On Wednesday mornings, PMA also offers an interactive parent/child program suitable for children 12 months to 6 years.*

*For the month of November, PMA is offering “Kids in the Kitchen” where parents and children work together to encourage interactive fun in the kitchen.*

*If you are interested in more information or registering for the program, please stop by the center during program hours and speak with Tracy, or call 519-371-4773 ext. 138.*

## **Good Food Box Program**

*Pre-order by: third Thu of the month when Housing Staff are present Pick up on: at the Center the fourth Thu of the month after 1pm*

*The Good Food Box program makes purchasing vegetables and fruit easy and affordable for everyone in the community.*

*The box contains 10-15 different types of fresh fruits and vegetables each month. The produce included will vary by season. It operates September-June each year.*

*The cost \$15/box. Subsidy is available for eligible participants. Speak to your local coordinator for more information and to determine if you are eligible for a subsidized box that costs only \$8.*



All tenants are welcome to drop by the center when it's open. We have computers and printers available for use, FREE wifi, a food pantry, clothing, a play area for small children and free resources. If you have any questions about the center you can contact Lisa Campbell, Tenant Services Manager [lisa.campbell@grey.ca](mailto:lisa.campbell@grey.ca) or Renee Schlonies, Events Coordinator – AFRC, [afr.owensound@gmail.com](mailto:afr.owensound@gmail.com) or visit us on Facebook 888#3 Alpha Family Resource Center