

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 New Years Reminisce – 1SDRM  <small>New Year's Day</small>	<b>2</b> 10:00 Winter Yarn Craft 1SDR  2:00 Balloon Badminton 1SDRM	<b>3</b> 10:30 Church <b>1SDR</b> Marilyn Schmitt St. Peter's Lutheran  2:00 Travelling Hand Massages – 1SDRM	<b>4</b> 10:00 Sit and Get Fit 1SDR  2:00 Bingo 1SDR  6:30 E4	<b>5</b> 10:00 Creative Coloring 1SDR  2:00 Trivia time 1SDR	<b>6</b> 10:00 Group Physio Therapy Classes 1SDRM 10:00 1:1 Visits 2:00 <b>Music with Joe Passion</b> (Elvis Theme) 1SDR	<b>7</b> 2:00 You Tube Music and Requests – 1SDRM  6:30 Hockey craft
<b>8</b> 2:00 Short Stories 1SDRM	<b>9</b> 10:00 Group Physio Therapy Classes 1SDRM 10:00 1:1's 2:00 Jewelry Making ICP 6:30 E4	<b>10</b> 10:30 Church <b>2SDR</b> Andrew Marttinen 7 <sup>th</sup> Day Adventist 2:00 Movie Time 1SDRM 6:30 Bingo in the ICP	<b>11</b> 10:30 Sit and Get Fit 1SDR  2:00 Bingo 1SDR	<b>12</b> 10:00 Sit and Get Fit 1SDR  2:00 Easy Rocky Road Fudge – 1SDRM 6:30 E4	<b>13</b> 10:00 Euchre 1SDRM  2:00 Name that 60's Tune – 1SDRM	<b>14</b> 10:00 Balloon Badminton – 1SDRM  2:00 Hangman 1SDRM
<b>15</b> 6:30 Travelling Hand Massages	<b>16</b> 10:00 Group Physio Therapy Classes 1SDRM  10:00 1:1's  2:00 Creative Coloring <small>Martin Luther King Jr. Day</small>	<b>17</b> 10:30 Church <b>3SDR</b> Philip Smith Rockcliffe Pentecostal 2:00 Who, What, Where 1SDRM  6:30 E4	<b>18</b> 10:00 Sit and Get Fit 1SDR  2:00 Bingo 1SDR	<b>19</b> 10:00 Trivia Time – 1SDRM  2:00 1:1 Montessori Reading	<b>20</b> 10:00 Euchre 1SDRM  2:00 Scratch off Fortune Card – 1SDRM 6:30 E4	<b>21</b> 2:00 Bingo 1SDRM
<b>22</b> 10:00 Creative Coloring 1SDRM  <small>Chinese New Year (Year of the Rabbit)</small>	<b>23</b> 10:00 Group Physio Therapy Classes 1SDRM 10:00 1:1's 2:00 Are you a Rabbit? 1SDRM 6:30 ICP Movie Night <small>Activity Professionals Week</small>	<b>24</b> 10:30 Church <b>1SDR</b> Kathy Underwood First United Church 12:00pm Order In Chinese New Year Luncheon 2:00pm Travelling Hand Massages	<b>25</b> 10:00 Sit and Get Fit 1SDR  2:00 Bingo 1SDR 6:30 E4	<b>26</b> 10:00 Balloon Badminton 1SDRM  2:00 Bingo 1SDR  <small>Australia Day (observed)</small>	<b>27</b> 10:00 Euchre 1SDRM  2:00 <b>Music with James Skarnikat</b> 1SDR	<b>28</b> 6:30 Active Games
<b>29</b> 2:00 Music Sing along 1SDRM	<b>30</b> 10:00 Group Physio Therapy Classes 1SDRM 10:00 1:1's 2:00 Resident Council & Food Committee, 3SDR 6:30 E4	<b>31</b> 10:30 Church <b>2SDR</b> Sid Coupurus First Christ Reform  2:00 Hangman 1SDRM	<h1>January 2023</h1> <p>1<sup>st</sup> Floor</p>			

PROGRAMS SUBJECT TO CHANGE. SEE COMMUNICATION BOARD FOR DAILY NOTICES.